Creativity with Images: A workshop for Learning and Practicing Ideational Thinking for Visual Thinkers

**Ana L. Castelan Valles, Buffalo State College**

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**Advisor**
J. Michael Fox

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**Abstract**
The purpose of this project is to communicate the foundations of creativity and some tools of ideational thinking to visual thinkers. The goal of this project is to bring visual thinkers into the science of creativity and demonstrate that they can use ideational thinking tools to improve their visual skills. This project also serves as an attempt to identify the cognitive preferences of visual thinkers to foster their creative skills and to enhance their creative process. The finished product is the content of a workshop comprised of five sections. Each section includes an explanation of the essential topics about creativity and some tools in ideational thinking to help visualize. The content includes a set of activities to allow participants to experience the information in order to gain a better understanding and retain the information for longer time.

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What does it mean to be creative? Creativity is capacity to think outside the box, to find unusual solutions. It helps to overcome problems and difficult situations. Everybody knows about the positive influence of creativity. Image streaming; constructive daydreaming; creative visualisation; deliberate doodling (with non-dominant hand); vision boards (cut and paste collage-work); mandalas; Constantly train your mind through the use of brain puzzles, mind flexors, optical illusions, random-dot stereograms, and other interactive brain games; Read, read, and read voraciously, and write, write and write extensively, as both initiatives instigate the mind. Learn and develop by observing creative and imaginative people very closely.

You'll note they are different because they operate a little differently.